

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, May 22, 2017

Italian Wedding Soup ... 8oz/\$1.25 or ...
Roast Poblano Pepper White Cheddar ... 12oz/\$1.75
* Parm & Herb Crusted Tilapia ... \$4.00
Chicken Enchilada Casserole ... \$3.50
Pinto Beans ... \$1.00
Roasted Potatoes ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Pizza ... \$3.00

Tuesday, May 23, 2017

* Broccoli Cheese Soup ... 8oz/\$1.25 or ...
Split Pea with Ham ... 12oz/\$1.75
Citrus Salmon/WB ... \$4.50
Sweet and Sour Chicken ... \$3.50
Brown Rice/WB ... \$1.00
Roasted Maple Sweet Potatoes ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Vegetable Eggroll ... \$1.50

Wednesday, May 24, 2017

Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...
Butternut Squash Soup ... 12oz/\$1.75
Baked Potato Bar w/2 toppings ... \$3.50
(Ham, Bacon, Corn or Broccoli)
Grilled Bourbon Glazed Chicken ... \$3.50

Wild Rice Blend ... \$1.00
Roasted Broccoli ... \$1.00
Steamed Corn ... \$1.00
Cheese Quesadilla ... \$2.50

Thursday, May 25, 2017

Buffalo Chicken Blue Cheese Soup ... 8oz/\$1.25 or ...
Roasted Red Pepper Gouda Bisque ... 12oz/\$1.75
Rotisserie Season Chicken Breast/WB ... \$3.50
* Salami, Cheese & Roast Pepper Panini ... \$3.50
* Cole Slaw ... \$1.00
Red Beans and Rice/WB ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Chicken Tenders ... \$2.50
* Sweet Potato Waffle Fries ... \$1.25

Friday, May 26, 2017

Portabella Mushroom Barley Soup ... 8oz/\$1.25 or ...
Loaded Potato Soup ... 12oz/\$1.75
Broccoli Beef ... \$3.75
House Made Black Bean Burger ... \$3.50
Brown Rice ... \$1.00
Potato Salad ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Fish Nuggets ... \$2.50
Tater Tots ... \$1.25

Grab-N-Go Options for the Week

Turkey & Swiss Sub ... \$3.50
Quinoa Salad w/Dried Fruit & Nuts ... \$2.00
Bacon Tobasco Pinwheels ... \$2.00

Café Hours

Breakfast—7:00am-10:30am
Lunch—11:00am-1:30pm
Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries

Monday, May 22, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Apple Baked Oatmeal ... \$2.25
Biscuit and Gavy ... \$1.50
Sausage and Cheese Biscuit ... \$1.50
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
House Made Bread ... \$1.00

Tuesday, May 23, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Breakfast Pizza ... \$2.50
Egg White Bake ... \$3.00
Cubed Hash Brown Potatoes ... \$1.50
Donut ... \$1.00

Wednesday, May 24, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Bagel or English Muffin Sandwich ... \$2.25
Croissant Sandwich ... \$2.75
Baked Oatmeal ... \$2.25
Hash Brown Triangle ... 1/\$1.00 or 2/\$1.50
Scone ... \$1.50

Thursday, May 25, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Ham & Cheese Omelet ... \$2.50
Vegetable Omelet ... \$2.50
Corned Beef Hash ... \$2.00
Cubed Hash Brown Potatoes ... \$1.50
Fresh Baked Trail Mix Bar ... \$1.50

Friday, May 26, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
English Muffin or Bagel Sandwich ... \$2.25
Egg White Flat Bread Sandwich ... \$2.75
Cheesy Potatoes ... \$1.50
Assorted Pastries ... VAR

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