

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, July 10, 2017

Chicken & Wild Rice Soup ... 8oz/\$1.25 or ...

Garden Vegetable Soup ... 12oz/\$1.75

Pizza Casserole ... \$3.50

Salmon w/Sundried Tomato Pesto ... \$4.50

Garlic Toast ... \$1.00

Wild Rice Blend ... \$1.00

Roasted Veggies ... \$1.00

Steamed Veggies ... \$1.00

Cheeseburger ... \$3.50

Onion Rings ... \$1.25

Tuesday, July 11, 2017

Tomato Basil Soup ... 8oz/\$1.25 or ...

Loaded Baked Potato Soup ... 12oz/\$1.75

Pork Fried Rice ... \$3.50

Roast Turkey/WB ... \$3.50

w/Gravy

Stuffing ... \$1.00

Roasted Root Veggies with Kale/WB ... \$1.00

Roasted Veggies ... \$1.00

Steamed Veggies/WB ... \$1.00

Grilled Cheese ... \$2.50

Tater Tots ... \$1.25

Wednesday, July 12, 2017

Broccoli Cheese Soup ... 8oz/\$1.25 or ...

Stuffed Pepper Soup ... 12oz/\$1.75

Pesto Feta Turkey Burger ... \$3.50

Italian Herb Chicken Breast ... \$3.50

Cole Slaw ... \$1.00

Roasted Potatoes ... \$1.00

Roasted Veggies ... \$1.00

Steamed Veggies ... \$1.00

Fish Nuggets ... \$2.50

Baked Sweet Potato Wedges ... \$1.25

Thursday, July 13, 2017

Split Pea with Ham Soup ... 8oz/\$1.25 or ...

Butternut Squash Soup ... 12oz/\$1.75

Shredded BBQ Chicken Quesadilla ... \$3.50

Lemon Pepper Cod/WB ... \$4.00

Potato Salad ... \$1.00

Orzo Pasta with Lemon & Kale/WB ... \$1.00

Roasted Veggies ... \$1.00

Steamed Veggies/WB ... \$1.00

Chicken Tenders ... \$3.50

Waffle Fries ... \$1.25

Friday, July 14, 2017

Chicken Noodle Soup ... 8oz/\$1.25 or ...

Red Pepper & Smoked Gouda Bisque ... 12oz/\$1.75

Tuna Noodle Casserole ... \$3.50

Seasoned Beef Brisket ... \$3.75

Breadstick ... \$1.00

Garlic Mashed Potatoes ... \$1.00

Roasted Veggies ... \$1.00

Steamed Veggies ... \$1.00

Cheese Quesadilla ... \$2.50

Grab-N-Go Options for the Week

Tuna or Egg Salad Stuffed Tomato ... \$3.50

Broccoli Bacon Salad ... \$2.00

Chicken Jalapeno Pinwheel ... \$2.00

Café Hours

Breakfast—7:00am-10:30am

Lunch—11:00am-1:30pm

Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: *Apples, Oranges, Bananas, Yogurt, & Assorted Pastries*

Monday, July 10, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Egg White Flat Bread Sandwich ... \$2.75
Breakfast Casserole ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Cherry Turnover ... \$1.50

Tuesday, July 11, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
English Muffin or Bagel Sandwich ... \$2.25
Croissant Sandwich ... \$2.75
Baked Oatmeal ... \$2.25
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
House Made Bread ... \$1.00

Wednesday, July 12, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Ham & Cheese Omelet ... \$2.50
Vegetable Omelet ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Scone ... \$1.50

Thursday, July 13, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
French Toast Sticks ... \$2.25
Scrambled Egg Muffins ... \$2.75

Cheesy Potatoes ... \$1.50
Donut ... \$1.00

Friday, July 14, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Breakfast Pizza ... \$2.50
Corned Beef Hash ... \$2.25
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
Assorted Pastries ... VAR

Grab-N-Go Options for the Week

Tuna or Egg Salad Stuffed Tomato ... \$3.50
Broccoli Bacon Salad ... \$2.00
Chicken Jalapeno Pinwheel ... \$2.00

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Cycle 2 Week 1