

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, August 07, 2017

Caribbean Jerk Chicken ... 8oz/\$1.25 or ...
Portabella Mushroom Barley ... 12oz/\$1.75
Caribbean Mango Grilled Chicken ... \$3.50
Kalua Pork ... \$3.50
Roasted Potatoes ... \$1.00
Rice Pilaf ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Kalua Pork Sandwich ... \$3.50
Sweet Potato Fries ... \$1.25

Tuesday, August 08, 2017

Loaded Potato ... 8oz/\$1.25 or ...
Italian Wedding ... 12oz/\$1.75
Dijon Salmon/WB ... \$4.50
Spaghetti with Meatballs ... \$3.75
Wild Rice Blend/WB ... \$1.00
Garlic Toast ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Cheese Filled Breadsticks w/ Marinara ... \$2.00

Wednesday, August 09, 2017

Broccoli Cheese ... 8oz/\$1.25 or ...
Chicken and Dumpling ... 12oz/\$1.75
Baked Ham ... \$3.50
Beef Stroganoff ... \$3.75
Scalloped Potatoes ... \$1.00
Egg Noodles ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Chicken Tenders ... \$3.50
Baked Fries ... \$1.25

Thursday, August 10, 2017

Buffalo Chicken Blue Cheese ... 8oz/\$1.25 or ...
Tomato Basil ... 12oz/\$1.75
Shredded Pork & Bean Quesadilla ... \$3.50
Lemon Chicken Breast/WB ... \$3.50
Mexican Rice ... \$1.00
Garden Rotini Noodles/WB ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Grilled Cheese ... \$2.50
Tater Tots ... \$1.25

Friday, August 11, 2017

Chicken with Wild Rice ... 8oz/\$1.25 or ...
Vegetarian Cream of Potato ... 12oz/\$1.75
Cheeseburger w/ Onion and Mush ... \$3.75
Seasoned Baked Cod ... \$4.00
Garlic Mashed Potatoes ... \$1.00
Potato Salad ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Seasoned Potato Wedges ... \$1.25

Grab-N-Go Options for the Week

Chicken Bacon Ranch Wrap ... \$3.50
Garden Pasta Salad ... \$2.00
Turkey Pesto Pinwheels ... \$2.00

Café Hours

Breakfast—7:00am-10:30am

Lunch—11:00am-1:30pm

Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries

Monday, August 07, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Biscuit with Sausage Gravy ... \$1.50
Sausage and Cheese Biscuit ... \$1.50
Cubed Hash Brown Potatoes ... \$1.50
Apple Turnover ... \$1.50

Tuesday, August 08, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Bagel or English Muffin Sandwich ... \$2.25
Croissant Sandwich ... \$3.00
Corned Beef Hash ... \$2.00
Hash Brown Patty ... 1/\$1.00 or 2/ \$1.50
House Made Bread ... \$1.00

Wednesday, August 09, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Breakfast Burritos (Veg or Everything) ... \$2.50
Apple Baked Oatmeal ... \$2.25
Cubed Hash Brown Potatoes ... \$1.50
Scone ... \$1.50

Thursday, August 10, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Breakfast Pizza ... \$2.50
Egg White Bake ... \$3.00
Cheesy Potatoes ... \$1.50
Donut ... \$1.00

Friday, August 11, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Bagel or English Muffin Sandwich ... \$2.25
Baked Oatmeal ... \$2.25
Hash Brown Triangle ... 1/\$1.00 or 2/ \$1.50
Assorted Pastries ... VAR

Grab-N-Go Options for the Week

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Turkey Pesto Pinwheels ... \$2.00

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Cycle 1 Week 1