

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, September 11, 2017

Italian Wedding Soup ... 8oz/\$1.25 or ...
Roast Poblano Pepper White Cheddar ... 12oz/\$1.75
Salami, Cheese & Roast Pepper Panini ... \$3.50
Chicken Enchilada Casserole ... \$3.50
Pinto Beans ... \$1.00
Cole Slaw ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Chicken Tenders ... \$3.50
Sweet Potato Fries ... \$1.25

Tuesday, September 12, 2017

Broccoli Cheese Soup ... 8oz/\$1.25 or ...
Split Pea with Ham ... 12oz/\$1.75
Citrus Salmon/WB ... \$4.50
Sweet and Sour Chicken ... \$3.50
Brown Rice/WB ... \$1.00
Roasted Maple Sweet Potatoes ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Vegetable Eggroll ... \$1.50

Wednesday, September 13, 2017

Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...
Butternut Squash Soup ... 12oz/\$1.75
Baked Potato Bar w/2 toppings ... \$3.50
(Ham, Bacon, Corn or Broccoli)
Grilled Bourbon Glazed Chicken ... \$3.50

Wild Rice Blend ... \$1.00
Roasted Broccoli ... \$1.00
Steamed Corn ... \$1.00
Cheese Quesadilla ... \$2.50

Thursday, September 14, 2017

Buffalo Chicken Blue Cheese Soup ... 8oz/\$1.25 or ...
Roasted Red Pepper Gouda Bisque ... 12oz/\$1.75
Rotisserie Season Chicken Breast/WB ... \$3.50
Cheese Tortellini with Marinara ... \$3.00
Garlic Toast ... \$1.00
Red Beans and Rice/WB ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Pizza ... \$3.00

Friday, September 15, 2017

Portabella Mushroom Barley Soup ... 8oz/\$1.25 or ...
Loaded Potato Soup ... 12oz/\$1.75
Broccoli Beef ... \$3.75
Turkey Waldorf Salad Sandwich ... \$3.50
Brown Rice ... \$1.00
Potato Salad ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Fish Nuggets ... \$2.50
Tater Tots ... \$1.25

Grab-N-Go Options for the Week

Turkey Swiss Sub ... \$3.50
Tortellini Salad ... \$2.00
Black Bean Mango Salsa w/ chips ... \$2.00

Café Hours

Breakfast—7:00am-10:30am
Lunch—11:00am-1:30pm
Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: *Apples, Oranges, Bananas, Yogurt, & Assorted Pastries*

Monday, September 11, 2017

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.50
- Sausage ... \$0.50
- Fresh Fruit ... \$0.50
- French Toast Sticks ... \$1.00
- Ham and Cheese Omelet ... \$2.50
- Vegetable Omelet ... \$2.50
- Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
- House Made Bread ... \$1.00

Tuesday, September 12, 2017

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.50
- Sausage ... \$0.50
- Fresh Fruit ... \$0.50
- Breakfast Pizza ... \$2.50
- Blueberry Pancack Muffin ... \$1.00
- Cubed Hash Brown Potatoes ... \$1.50
- Danish ... \$1.00

Wednesday, September 13, 2017

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.50
- Sausage ... \$0.50
- Fresh Fruit ... \$0.50
- Bagel or English Muffin Sandwich ... \$2.25
- Croissant Sandwich ... \$2.75
- Baked Oatmeal ... \$2.25
- Cubed Hash Brown Potatoes ... \$1.50
- Scone ... \$1.50

Thursday, September 14, 2017

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.50
- Sausage ... \$0.50
- Fresh Fruit ... \$0.50
- Sausage and Cheese Biscuit ... \$1.50
- Biscuit with Gravy ... \$1.50
- Yogurt Bar ... \$2.00
- Hash Brown Patty ... \$1.50
- Donut ... \$1.50

Friday, September 15, 2017

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.50
- Sausage ... \$0.50
- Fresh Fruit ... \$0.50
- English Muffin or Bagel Sandwich ... \$2.25
- Egg White Flat Bread Sandwich ... \$2.75
- Cheesy Potatoes ... \$1.50
- Assorted Pastries ... VAR

Grab-N-Go Options for the Week

- Turkey Swiss Sub ... \$3.50
- Tortellini Salad ... \$2.00
- Black Bean Mango Salsa w/ chips ... \$2.00

Café Hours

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- Lunch—11:00am-1:30pm
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