

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, October 16, 2017

- Chicken Noodle Soup ... 8oz/\$1.25 or ...
- Vegetarian Cream of Potato Soup ... 12oz/\$1.75
- Broccoli Beef ... \$3.75
- Chicken Cordon Blue ... \$3.50
- Brown Rice ... \$1.00
- Garlic Mashed Potatoes ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies ... \$1.00
- Pork Pot Stickers ... \$1.50/3 or \$3.00/6

Tuesday, October 17, 2017

- Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...
- Roasted Red Pepper & Gouda Soup ... 12oz/\$1.75
- Sesame Chicken Breast/WB ... \$3.50
- Sloppy Joe ... \$3.75
- Baked Beans ... \$1.00
- Mashed Sweet Potatoes/WB ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies/WB ... \$1.00
- Grilled Cheese ... \$2.50
- Tater Tots ... \$1.25

Wednesday, October 18, 2017

- Chicken Fiesta Soup ... 8oz/\$1.25 or ...
- Wisconsin Cheese Soup ... 12oz/\$1.75
- Fajita Bar with Chicken ... \$3.50
- Fajita Bar with Steak ... \$3.75
- Spanish Rice ... \$1.00
- Pinto Beans ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies ... \$1.00
- Chips with Queso Dip ... \$1.25

Thursday, October 19, 2017

- Italian Wedding Soup ... 8oz/\$1.25 or ...
- Broccoli Cheese Soup ... 12oz/\$1.75
- Teriyaki Pineapple Turkey Burger ... \$3.50
- Lemon Pepper Salmon/WB ... \$4.50
- Cole Slaw ... \$1.00
- Chipotle Red Quinoa Pilaf/WB ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies/WB ... \$1.00
- Cheeseburger ... \$3.50
- Sweet Potato Fries ... \$1.25

Friday, October 20, 2017

- Portabella Mushroom & Barley Soup ... 8oz/\$1.25 or ...
- Buffalo Chicken & Blue Cheese Soup ... 12oz/\$1.75
- Vegetable Lasagna ... \$3.00
- Tuna Melt ... \$3.00
- Potato Salad ... \$1.00
- Garlic Toast ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies ... \$1.00
- Chicken Tenders ... \$3.50
- Waffle Fries ... \$1.25

Grab-N-Go Options for the Week

- BLT Wrap ... \$3.50
- Zesty Quinoa ... \$2.00
- Veggie Pepper Jack Pinwheels ... \$2.00

Café Hours

- Breakfast—7:00am-10:30am
- Lunch—11:00am-1:30pm
- Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: *Apples, Oranges, Bananas, Yogurt, & Assorted Pastries*

Monday, October 16, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
English Muffin or Bagel Sandwich ... \$2.25
Croissant Sandwich ... \$2.75
Baked Oatmeal ... \$2.25
Cubed Hash Brown Potatoes ... \$1.50
Baked Trail Mix Bar ... \$1.50

Tuesday, October 17, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Egg White Bake ... \$3.00
Grilled Bacon and Cheese ... \$2.25
Hash Brown Patty ... \$1.00/1 or \$1.50/2
House Made Bread ... \$1.00

Wednesday, October 18, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Everything Scramble ... \$2.25
Apple Baked Oatmeal ... \$2.25
Cubed Hash Brown Potatoes ... \$1.50
Scone ... \$1.50

Thursday, October 19, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Ham and Cheese Omelet ... \$2.50
Veggie Omelet ... \$2.50
Corned Beef Hash ... \$2.00
Hash Brown Patty ... 1/\$1.00 or 2/ \$1.50
Donut ... \$1.00

Friday, October 20, 2017

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
English Muffin or Bagel Sandwich ... \$2.25
Croissant Sandwich ... \$2.75
Hash Brown Triangle ... \$1.00/1 or \$1.50/2
Assorted Pastries

Grab-N-Go Options for the Week

BLT Wrap ... \$3.50
Zesty Quinoa ... \$2.00
Veggie Pepper Jack Pinwheels ... \$2.00

Café Hours

Breakfast—7:00am-10:30am
Lunch—11:00am-1:30pm
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Cycle 1 Week 3