

# UP Health System/Portage Café

## Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

### Monday, November 20, 2017

Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...  
Mushroom Barley Soup ... 12oz/\$1.75

Pizza Burger ... \$3.75  
Honey Mustard Chicken Breast ... \$3.50

Brown Rice ... \$1.00  
Roasted Potatoes ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Grilled Cheese ... \$2.50  
Baked Fries ... \$1.25

### Tuesday, November 21, 2017

Tomato Basil Soup ... 8oz/\$1.25 or ...  
Loaded Potato with Bacon Soup ... 12oz/\$1.75

Italian Herb Salmon/WB ... \$4.50  
Tomato Garlic Pasta ... \$3.00  
Wild Rice Blend/WB ... \$1.00  
Breadstick ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Chicken Tenders ... \$3.50  
Waffle Fries ... \$1.25

### Wednesday, November 22, 2017

Chicken Enchilada Soup ... 8oz/\$1.25 or ...  
Broccoli Cheese Soup ... 12oz/\$1.75  
Ground Beef & Refried Bean Quesadilla ... \$3.75  
Cheese & Broccoli Stuffed Chicken ... \$3.50  
Roasted Maple Sweet Potatoes ... \$1.00  
Mexican Rice ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Fish Nuggets ... \$2.50

### Thursday, November 23, 2017

\* FREE DINNER FOR WORKING STAFF  
\* ROAST TURKEY  
\* MASHED POTATOES W/GRAVY  
\* STUFFING  
\* STEAMED VEGETABLES  
\* CRANBERRY RELISH  
\* PUMPKIN OR APPLE PIE

### Friday, November 24, 2017

\* SANDWICH BAR...\$4.50  
\* INCLUDES: CHIPS, BEAN SALAD,  
\* WHOLE FRUIT, SODA AND DESSERT

### Grab-N-Go Options for the Week

Ham, Salami & Provolone Sub ... \$3.50  
Wild Rice & Three Bean Salad ... \$2.00  
Egg Salad and Cottage Cheese Snack ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm

Tater Tots ... \$1.25



Cycle 2 Week 4

# UP Health System/Portage Café

## Breakfast Menu

Served Daily: *Apples, Oranges, Bananas, Yogurt, & Assorted Pastries*

### Monday, November 20, 2017

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.50  
Sausage ... \$0.50  
Fresh Fruit ... \$0.50  
Egg White Bake ... \$3.00  
Breakfast Pizza ... \$2.50  
Cubed Hash Brown Potatoes ... \$1.50  
Housemade Bread ... \$1.00

### Tuesday, November 21, 2017

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
  
Bacon ... \$0.50  
Sausage ... \$0.50  
Fresh Fruit ... \$0.50  
Bagel or English Muffin Sandwich ... \$2.25  
Croissant Sandwich ... \$2.75  
French Toast Sticks ... \$2.50  
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50  
Donut ... \$1.00

### Wednesday, November 22, 2017

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.50  
Sausage ... \$0.50  
Fresh Fruit ... \$0.50  
Baked Oatmeal ... \$2.25  
Ham & Cheese Omelet ... \$2.50  
Veggie Omelet ... \$2.50  
Hash Brown Triangle ... 1/\$1.00 or 2/\$1.50  
House Made Bread ... \$1.00

### Thursday, November 23, 2017

NO BREAKFAST  
CAFÉ CLOSED

### Friday, November 24, 2017

CAFÉ CLOSED  
OPEN FOR LUNCH  
11:00 TO 1:30PM

### Grab-N-Go Options for the Week

Ham, Salami & Provolone Sub ... \$3.50  
Wild Rice & Three Bean Salad ... \$2.00  
Egg Salad and Cottage Cheese Snack ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
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