

# UP Health System/Portage Café

## Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

### Monday, January 08, 2018

Red Pepper Smoked Gouda Bisque ... 8oz/\$1.25 or ...  
Italian Wedding Soup ... 12oz/\$1.75  
Grilled BBQ Chicken ... \$3.50  
Beef Ravioli w/Marinara Sauce ... \$3.75  
Roasted Potatoes ... \$1.00  
Garlic Toast ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Cheese Filled Breadsticks ... \$2.00  
w/Marinara

### Tuesday, January 09, 2018

Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...  
Portabella Mushroom Barley Soup ... 12oz/\$1.75  
Shrimp Fried Rice ... \$4.00  
Roast Turkey/WB ... \$3.50  
Mashed Potatoes w/Gravy ... \$1.00  
Mashed Sweet Potatoes/WB ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Popcorn Chicken ... \$3.50  
Tater Tots ... \$1.25

### Wednesday, January 10, 2018

Chicken Noodle Soup ... 8oz/\$1.25 or ...  
Tomato Basil Soup ... 12oz/\$1.75  
Beef Enchilada Casserole ... \$3.75  
Grilled Brat ... \$3.50  
Potato Salad ... \$1.00  
Mexican Rice ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Grilled Cheese ... \$2.50  
Baked Fries ... \$1.25

### Thursday, January 11, 2018

Loaded Potato Soup ... 8oz/\$1.25 or ...  
Chicken Enchilada Soup ... 12oz/\$1.75  
Red Pepper & Herb Chicken Breast/WB ... \$3.50  
Fire Roasted Corn&Blk Bean Quesadilla ... \$3.00  
Cole Slaw ... \$1.00  
Pinto Beans/WB ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Cheeseburger ... \$3.50  
Onion Rings ... \$1.25

### Friday, January 12, 2018

Shrimp and Corn Bisque ... 8oz/\$1.25 or ...  
Cream of Broccoli Soup ... 12oz/\$1.75  
Hoisin Glazed Salmon ... \$4.50  
BBQ Meatballs ... \$3.75  
Wild Rice Blend ... \$1.00  
Scalloped Potatoes ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Spinach & Artichoke Dip ... \$3.50  
w/Bagel Bits

### Grab-N-Go Options for the Week

Chicken Caesar Wrap ... \$3.50  
Cucumber Couscous Salad ... \$2.00  
Cranberry Feta Pinwheels ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm

# UP Health System/Portage Café

## Breakfast Menu

**Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries**

### **Monday, January 08, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.50  
Sausage ... \$0.50  
Fresh Fruit ... \$0.50  
Breakfast Pizza ... \$2.50  
Egg White Bake ... \$3.00  
Cubed Hash Brown Potatoes ... \$1.50  
House Made Bread ... \$1.00

### **Tuesday, January 09, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.50  
Sausage ... \$0.50  
Fresh Fruit ... \$0.50  
Breakfast Burritos ... \$2.50  
Belgian Waffle ... \$2.25  
Cubed Hash Brown Potatoes ... \$1.50  
Cherry Turnover ... \$1.50

### **Wednesday, January 10, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.50  
Sausage ... \$0.50  
Fresh Fruit ... \$0.50  
English Muffin or Bagel Sandwich ... \$2.25  
Croissant Sandwich ... \$2.75  
French Toast Sticks ... \$1.00  
Hash Brown Patty ... \$1.00/1 or \$1.50/2  
Long John ... \$1.00

### **Thursday, January 11, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.50  
Sausage ... \$0.50  
Fresh Fruit ... \$0.50  
Everything Scramble ... \$2.50  
Corned Beef Hash ... \$2.00  
Hash Brown Traingle ... \$1.00/1 or \$1.50/2  
Scone ... \$1.50

### **Friday, January 12, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.50  
Sausage ... \$0.50  
Fresh Fruit ... \$0.50  
Baked Oatmeal ... \$2.25  
Biscuit and Gravy ... \$1.50  
Sausage and Cheese Biscuit ... \$1.50  
Cheesy Potatoes ... \$1.50  
Assorted Pastries ... VAR

### **Grab-N-Go Options for the Week**

Chicken Caesar Wrap ... \$3.50  
Cucumber Couscous Salad ... \$2.00  
Cranberry Feta Pinwheels ... \$2.00

### **Café Hours**

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm