

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, January 15, 2018

Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...
Mushroom Barley Soup ... 12oz/\$1.75
Pizza Burger ... \$3.75
Honey Mustard Chicken Breast ... \$3.50

Brown Rice ... \$1.00
Roasted Potatoes ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Grilled Cheese ... \$2.50
Baked Fries ... \$1.25

Tuesday, January 16, 2018

Tomato Basil Soup ... 8oz/\$1.25 or ...
Loaded Potato with Bacon Soup ... 12oz/\$1.75
Italian Herb Salmon/WB ... \$4.50
Tomato Garlic Pasta ... \$3.00
Wild Rice Blend/WB ... \$1.00
Breadstick ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Chicken Tenders ... \$3.50
Waffle Fries ... \$1.25

Wednesday, January 17, 2018

Chicken Enchilada Soup ... 8oz/\$1.25 or ...
Broccoli Cheese Soup ... 12oz/\$1.75
Ground Beef & Refried Bean Quesadilla ... \$3.75
Cheese & Broccoli Stuffed Chicken ... \$3.50
Roasted Maple Sweet Potatoes ... \$1.00
Mexican Rice ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Fish Nuggets ... \$2.50
Tater Tots ... \$1.25

Thursday, January 18, 2018

Chicken Noodle Soup ... 8oz/\$1.25 or ...
Poblano Pepper Cheddar Soup ... 12oz/\$1.75
Chicken & Biscuits ... \$3.50
Tuna Melt ... \$3.00
Spicy Lentils Entrée Portion/WB ... \$2.50
Spicy Lentils ... \$1.00
White Rice/WB ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Sweet Potato Wedges ... \$1.25

Friday, January 19, 2018

Red Pepper & Smoked Gouda Soup ... 8oz/\$1.25 or ...
Italian Wedding Soup ... 12oz/\$1.75
Potato Crusted Cod ... \$4.00
Cheese Ravioli w/Pesto Sauce ... \$3.00
Scalloped Potatoes ... \$1.00
Garlic Toast ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Pizza ... \$1.50

Grab-N-Go Options for the Week

Ham, Salami & Provolone Sub ... \$3.50
Wild Rice & Three Bean Salad ... \$2.00
Egg Salad and Cottage Cheese Snack ... \$2.00

Café Hours

Breakfast—7:00am-10:30am
Lunch—11:00am-1:30pm
Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: *Apples, Oranges, Bananas, Yogurt, & Assorted Pastries*

Monday, January 15, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Egg White Bake ... \$3.00
Breakfast Pizza ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Housemade Bread ... \$1.00

Tuesday, January 16, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Bagel or English Muffin Sandwich ... \$2.25
Croissant Sandwich ... \$2.75
French Toast Sticks (3) ... \$1.00
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
Donut ... \$1.00

Wednesday, January 17, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Baked Oatmeal ... \$2.25
Ham & Cheese Omelet ... \$2.50
Veggie Omelet ... \$2.50
Hash Brown Triangle ... 1/\$1.00 or 2/\$1.50
House Made Bread ... \$1.00

Thursday, January 18, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Breakfast Casserole ... \$2.50
Bacon & Egg Cup ... \$1.50
Corned Beef Hash ... \$2.25
Cubed Hash Brown Potatoes ... \$1.50
Scones ... \$1.50

Friday, January 19, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.50
Sausage ... \$0.50
Fresh Fruit ... \$0.50
Bagel or English Muffin Sandwich ... \$2.25
Croissant Sandwich ... 1/\$1.00 or 2/\$1.50
Cheesy Potatoes ... \$1.50

Grab-N-Go Options for the Week

Ham, Salami & Provolone Sub ... \$3.50
Wild Rice & Three Bean Salad ... \$2.00
Egg Salad and Cottage Cheese Snack ... \$2.00

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