

# UP Health System/Portage Café

## Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

### Monday, February 12, 2018

Caribbean Jerk Chicken Soup ... 8oz/\$1.25 or ...  
Tomato Basil Soup ... 12oz/\$1.75  
BBQ Pulled Pork Sandwich ... \$3.50  
Bourbon Glazed Salmon ... \$4.50  
Baked Beans ... \$1.00  
Red Beans & Rice ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Cheese Quesadilla ... \$2.50  
Onion Rings ... \$1.25

### Tuesday, February 13, 2018

Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...  
Broccoli Cheese ... 12oz/\$1.75  
Shrimp Linguini ... \$4.00  
Roast Turkey/WB ... \$3.50  
w/Gravy  
Breadstick ... \$1.00  
Mashed Sweet Potatoes/WB ... \$1.00  
Stuffing ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Chicken Tenders ... \$3.50  
Baked Mac & Cheese Wedges ... \$1.50

### Wednesday, February 14, 2018

Beef with Barley Soup ... 8oz/\$1.25 or ...  
Roasted Poblano Pepper & Cheddar ... 12oz/\$1.75  
Ground Beef or Fish Taco ... \$2.50  
Extra Taco ... \$1.00 (no side)  
Red Chili Rice ... \$1.00  
Pinto Beans ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Hot Queso Dip with Tortilla Chips ... \$1.25

### Thursday, February 15, 2018

Loaded Potato Soup ... 8oz/\$1.25 or ...  
Chicken Wild Rice Soup ... 12oz/\$1.75  
Roast Beef Cheddar Onion Panini ... \$3.75  
Honey Mustard Chicken/WB ... \$3.50  
Baked Potato/WB ... \$1.00  
Cole Slaw ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Pizza ... \$3.50

### Friday, February 16, 2018

Split Pea with Ham Soup ... 8oz/\$1.25 or ...  
Roasted Red Pepper Gouda Soup ... 12oz/\$1.75  
Meat Lasagna ... \$3.75  
Potato Crusted Cod ... \$4.00  
Roasted Potatoes ... \$1.00  
Garlic Toast ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Grilled Cheese ... \$2.50  
Baked Sweet Potato Fries ... \$1.25

### Grab-N-Go Options for the Week

Ham, Turkey, & Cheddar Sub ... \$3.50  
Greek Orzo Salad ... \$2.00  
Homemade Granola ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm

# UP Health System/Portage Café

## Breakfast Menu

**Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries**

### **Monday, February 12, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Breakfast Burritos ... \$2.50  
Apple Baked Oatmeal ... \$2.25  
Cubed Hash Brown Potatoes ... \$1.50  
Scone ... \$1.50

### **Tuesday, February 13, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
English Muffin or Bagel Sandwich ... \$2.25  
Croissant Sandwich ... \$2.75  
Baked Oatmeal ... \$2.25  
Hash Brown Triangle ... \$1.00/1 or \$1.50/2  
House Made Bread ... \$1.00

### **Wednesday, February 14, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Biscuit with Gravy ... \$1.50  
Sausage and Cheese Biscuit ... \$1.50  
Stuffed French Toast Casserole ... \$2.50  
Hash Brown Patty ... \$1.00/1 or \$1.50/2  
Fresh Baked Granola Bar ... \$1.50

### **Thursday, February 15, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Egg White Bake ... \$3.00  
Breakfast Pizza ... \$2.50  
Cheesy Potatoes ... \$1.50  
Donut ... \$1.00

### **Friday, February 16, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
English Muffin or Bagel Sandwich ... \$2.25  
Corned Beef Hash ... \$2.25  
Cubed Hash Brown Potatoes ... \$1.50  
Assorted Pastries ... VAR

### **Grab-N-Go Options for the Week**

Ham, Turkey, & Cheddar Sub ... \$3.50  
Greek Orzo Salad ... \$2.00  
Homemade Granola ... \$2.00

### **Café Hours**

Breakfast—7:00am-10:30am  
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