

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, February 19, 2018

- Chicken & Wild Rice Soup ... 8oz/\$1.25 or ...
- Garden Vegetable Soup ... 12oz/\$1.75
- Pizza Casserole ... \$3.50
- Salmon w/Sundried Tomato Pesto ... \$4.50
- Garlic Toast ... \$1.00
- Wild Rice Blend ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies ... \$1.00
- Cheeseburger ... \$3.50
- Onion Rings ... \$1.25

Tuesday, February 20, 2018

- Tomato Basil Soup ... 8oz/\$1.25 or ...
- Loaded Baked Potato Soup ... 12oz/\$1.75
- Pork Fried Rice ... \$3.50
- Roast Turkey/WB ... \$3.50
- w/Gravy
- Stuffing ... \$1.00
- Roasted Root Veggies with Kale/WB ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies/WB ... \$1.00
- Grilled Cheese ... \$2.50
- Tater Tots ... \$1.25

Wednesday, February 21, 2018

- Broccoli Cheese Soup ... 8oz/\$1.25 or ...
- Stuffed Pepper Soup ... 12oz/\$1.75
- Pesto Feta Turkey Burger ... \$3.50
- Italian Herb Chicken Breast ... \$3.50
- Cole Slaw ... \$1.00
- Roasted Potatoes ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies ... \$1.00
- Fish Nuggets ... \$2.50
- Baked Sweet Potato Wedges ... \$1.25

Thursday, February 22, 2018

- Split Pea with Ham Soup ... 8oz/\$1.25 or ...
- Butternut Squash Soup ... 12oz/\$1.75
- Shredded BBQ Chicken Quesadilla ... \$3.50
- Lemon Pepper Cod/WB ... \$4.00
- Potato Salad ... \$1.00
- Orzo Pasta with Lemon & Kale/WB ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies/WB ... \$1.00
- Chicken Tenders ... \$3.50
- Waffle Fries ... \$1.25

Friday, February 23, 2018

- Chicken Noodle Soup ... 8oz/\$1.25 or ...
- Red Pepper & Smoked Gouda Soup ... 12oz/\$1.75
- Tuna Noodle Casserole ... \$3.50
- Seasoned Beef Brisket ... \$3.75
- Breadstick ... \$1.00
- Garlic Mashed Potatoes ... \$1.00
- Roasted Veggies ... \$1.00
- Steamed Veggies ... \$1.00
- Cheese Quesadilla ... \$2.50

Grab-N-Go Options for the Week

- Tuna or Egg Salad Stuffed Tomato ... \$3.50
- Broccoli Bacon Salad ... \$2.00
- Chicken Jalapeno Pinwheel ... \$2.00

Café Hours

- Breakfast—7:00am-10:30am
- Lunch—11:00am-1:30pm
- Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: *Apples, Oranges, Bananas, Yogurt, & Assorted Pastries*

Monday, February 19, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
Egg White Flat Bread Sandwich ... \$2.75
Breakfast Casserole ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Cherry Turnover ... \$1.50

Tuesday, February 20, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
English Muffin or Bagel Sandwich ... \$2.25
Croissant Sandwich ... \$2.75
Baked Oatmeal ... \$2.25
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
House Made Bread ... \$1.00

Wednesday, February 21, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
Ham & Cheese Omelet ... \$2.50
Vegetable Omelet ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Scone ... \$1.50

Thursday, February 22, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
French Toast Sticks (3) ... \$1.00
Scrambled Egg Muffins ... \$1.50

Cheesy Potatoes ... \$1.50
Donut ... \$1.00

Friday, February 23, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
Breakfast Pizza ... \$2.50
Corned Beef Hash ... \$2.25
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
Assorted Pastries ... VAR

Grab-N-Go Options for the Week

Tuna or Egg Salad Stuffed Tomato ... \$3.50
Broccoli Bacon Salad ... \$2.00
Chicken Jalapeno Pinwheel ... \$2.00

Café Hours

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Cycle 2 Week 1