

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, April 16, 2018

Chicken & Wild Rice Soup ... 8oz/\$1.25 or ...
Garden Vegetable Soup ... 12oz/\$1.75
Pizza Casserole ... \$3.50
Salmon w/Sundried Tomato Pesto ... \$4.50
Garlic Toast ... \$1.00
Wild Rice Blend ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Cheeseburger ... \$3.50
Onion Rings ... \$1.25

Tuesday, April 17, 2018

Tomato Basil Soup ... 8oz/\$1.25 or ...
Loaded Baked Potato Soup ... 12oz/\$1.75
Pork Fried Rice ... \$3.50
Roast Turkey/WB ... \$3.50
w/Gravy
Stuffing ... \$1.00
Roasted Root Veggies with Kale/WB ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Grilled Cheese ... \$2.50
Tater Tots ... \$1.25

Wednesday, April 18, 2018

Broccoli Cheese Soup ... 8oz/\$1.25 or ...
Stuffed Pepper Soup ... 12oz/\$1.75
Pesto Feta Turkey Burger ... \$3.50
Italian Herb Chicken Breast ... \$3.50
Cole Slaw ... \$1.00
Roasted Potatoes ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Fish Nuggets ... \$2.50
Baked Sweet Potato Wedges ... \$1.25

Thursday, April 19, 2018

Split Pea with Ham Soup ... 8oz/\$1.25 or ...
Butternut Squash Soup ... 12oz/\$1.75
Shredded BBQ Chicken Quesadilla ... \$3.50
Lemon Pepper Cod/WB ... \$4.00
Potato Salad ... \$1.00
Orzo Pasta with Lemon & Kale/WB ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Chicken Tenders ... \$3.50
Waffle Fries ... \$1.25

Friday, April 20, 2018

Chicken Noodle Soup ... 8oz/\$1.25 or ...
Red Pepper & Smoked Gouda Soup ... 12oz/\$1.75
Tuna Noodle Casserole ... \$3.50
Seasoned Beef Brisket ... \$3.75
Breadstick ... \$1.00
Garlic Mashed Potatoes ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Cheese Quesadilla ... \$2.50

Grab-N-Go Options for the Week

Tuna or Egg Salad Stuffed Tomato ... \$3.50
Broccoli Bacon Salad ... \$2.00
Chicken Jalapeno Pinwheel ... \$2.00

Café Hours

Breakfast—7:00am-10:30am
Lunch—11:00am-1:30pm
Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries

Monday, April 16, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
Egg White Flat Bread Sandwich ... \$2.75
Breakfast Casserole ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Cherry Turnover ... \$1.50

Tuesday, April 17, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
English Muffin or Bagel Sandwich ... \$2.25
Croissant Sandwich ... \$2.75
Baked Oatmeal ... \$2.25
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
House Made Bread ... \$1.00

Wednesday, April 18, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
Ham & Cheese Omelet ... \$2.50
Vegetable Omelet ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Scone ... \$1.50

Thursday, April 19, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
French Toast Sticks (3) ... \$1.00
Scrambled Egg Muffins ... \$1.50

Cheesy Potatoes ... \$1.50
Donut ... \$1.00

Friday, April 20, 2018

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Fresh Fruit ... \$0.50
Breakfast Pizza ... \$2.50
Corned Beef Hash ... \$2.25
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
Assorted Pastries ... VAR

Grab-N-Go Options for the Week

Tuna or Egg Salad Stuffed Tomato ... \$3.50
Broccoli Bacon Salad ... \$2.00
Chicken Jalapeno Pinwheel ... \$2.00

Café Hours

Breakfast—7:00am-10:30am
Lunch—11:00am-1:30pm
Dinner—5:00pm-6:30pm

Cycle 2 Week 1