

# UP Health System/Portage Café

## Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

### Monday, April 23, 2018

Italian Wedding Soup ... 8oz/\$1.25 or ...  
Chicken and Poblano Pepper Soup ... 12oz/\$1.75  
Salami, Cheese, & Roast Pepper Panini ... \$3.50  
Chicken Enchilada Casserole ... \$3.50  
Pinto Beans ... \$1.00  
Cole Slaw ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Chicken Tenders ... \$3.50  
Sweet Potato Fries ... \$1.25

### Tuesday, April 24, 2018

Broccoli Cheese Soup ... 8oz/\$1.25 or ...  
Split Pea with Ham ... 12oz/\$1.75  
Citrus Salmon/WB ... \$4.50  
Sweet and Sour Chicken ... \$3.50  
Brown Rice/WB ... \$1.00  
Mashed Sweet Potatoes ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Vegetable Eggroll ... \$1.50

### Wednesday, April 25, 2018

Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...  
Butternut Squash Soup ... 12oz/\$1.75  
Baked Potato Bar w/2 toppings ... \$3.50  
(Ham, Bacon, Corn or Broccoli)  
Grilled Bourbon Glazed Chicken ... \$3.50  
  
Wild Rice Blend ... \$1.00  
Roasted Broccoli ... \$1.00  
Steamed Corn ... \$1.00  
Cheese Quesadilla ... \$2.50

### Thursday, April 26, 2018

Buffalo Chicken Blue Cheese Soup ... 8oz/\$1.25 or ...  
Roasted Red Pepper Gouda Bisque ... 12oz/\$1.75  
Rotisserie Season Chicken Breast/WB ... \$3.50  
Cheese Tortellini with Marinara ... \$3.00  
Garlic Toast ... \$1.00  
Red Beans and Rice/WB ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Pizza ... \$3.50

### Friday, April 27, 2018

Homemade Mushroom Barley Soup ... 8oz/\$1.25 or ...  
Loaded Potato Soup ... 12oz/\$1.75  
Broccoli Beef ... \$3.75  
Turkey Waldorf Salad Sandwich ... \$3.50  
Brown Rice ... \$1.00  
Potato Salad ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Fish Nuggets ... \$2.50  
Tater Tots ... \$1.25

### Grab-N-Go Options for the Week

Turkey Swiss Sub ... \$3.50  
Tortellini Salad ... \$2.00  
Black Bean Mango Salsa w/ chips ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm

# UP Health System/Portage Café

## Breakfast Menu

**Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries**

### Monday, April 23, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
French Toast Sticks (3) ... \$1.00  
Ham & Cheese Omelet ... \$2.50  
Vegetable Omelet ... \$2.50  
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50  
House Made Bread ... \$1.00

### Tuesday, April 24, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Breakfast Pizza ... \$2.50  
Pannukakku ... \$2.75  
Cubed Hash Brown Potatoes ... \$1.50  
Danish ... \$1.00

### Wednesday, April 25, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Bagel or English Muffin Sandwich ... \$2.25  
Croissant Sandwich ... \$2.75  
Baked Oatmeal ... \$2.25  
Cubed Hash Brown Potatoes ... \$1.50  
Scone ... \$1.50

### Thursday, April 26, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Sausage and Cheese Biscuit ... \$1.50  
Biscuit with Gravy ... \$1.50  
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50  
Donut ... \$1.50

### Friday, April 27, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
English Muffin or Bagel Sandwich ... \$2.25  
Egg White Flat Bread Sandwich ... \$2.75  
Cheesy Potatoes ... \$1.50  
Assorted Pastries ... VAR

### Grab-N-Go Options for the Week

Turkey Swiss Sub ... \$3.50  
Tortellini Salad ... \$2.00  
Black Bean Mango Salsa w/ chips ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm