

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, May 21, 2018

Split Pea with Ham ... 8oz/\$1.25 or ...
Red Pepper Gouda Bisque ... 12oz/\$1.75
Italian Chicken Breast ... \$3.50
Turkey Bacon Swiss Panini w/Chipotle ... \$3.50
Orzo Pasta with Lemon and Kale ... \$1.00
Potato Salad ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Grilled Cheese ... \$2.50
Sweet Potato Fries ... \$1.25

Tuesday, May 22, 2018

* Beef Chili ... 8oz/\$1.25 or ...
* Vegetarian Potato ... 12oz/\$1.75
Chili Bar ... \$3.50
Beef Pot Roast ... \$3.75
Roasted Root Veggies with Kale/WB ... \$1.00
Mashed Potatoes with Gravy ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Whole Grain Fish Nuggets/WB ... \$2.50
Baked Fries ... \$1.25

Wednesday, May 23, 2018

* Homemade Mushroom Barley Soup ... 8oz/\$1.25 or ...
Thai Chicken and Rice ... 12oz/\$1.75
Chicken Pad Thai ... \$3.50
Teriyaki Salmon ... \$4.50

Rice Pilaf ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Pork Potstickers ... \$1.50/3 or \$3.00/6

Thursday, May 24, 2018

Minestrone ... 8oz/\$1.25 or ...
Stuffed Pepper ... 12oz/\$1.75
Alfredo Chicken Lasagna ... \$3.50
Apple Marinated Pork Loin/WB ... \$3.50
Garlic Bread ... \$1.00
Citrus Rice w/ Green Bean & Apple/WB ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Chicken Tenders ... \$3.50
Tater Tots ... \$1.25

Friday, May 25, 2018

Broccoli Cheese ... 8oz/\$1.25 or ...
Loaded Potato ... 12oz/\$1.75
Crab Cakes ... \$3.50
Tater Tot Casserole ... \$3.50
Cole Slaw ... \$1.00
Breadstick ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Pizza ... \$3.50

Grab-N-Go Options for the Week

Ham and Pepper Jack Sub ... \$3.50
Tuna Macaroni Salad ... \$2.00
Homemade Granola ... \$2.00

Café Hours

Breakfast—7:00am-10:30am
Lunch—11:00am-1:30pm
Dinner—5:00pm-6:30pm

Cycle 1 Week 2

UP Health System/Portage Café

Breakfast Menu

Served Daily: *Apples, Oranges, Bananas, Yogurt, & Assorted Pastries*

Monday, May 21, 2018

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.30
- Sausage ... \$0.30
- Fresh Fruit ... \$0.50
- Ham and Cheese Omelet ... \$2.50
- Veggie Omelet ... \$2.50
- Corned Beef Hash ... \$2.00
- Hash Brown Patty ... 1/\$1.00 or 2/ \$1.50
- House Made Bread ... \$1.00

Tuesday, May 22, 2018

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.30
- Sausage ... \$0.30
- Fresh Fruit ... \$0.50
- Bagel or English Muffin Sandwich ... \$2.25
- Croissant Sandwich ... \$2.75
- Apple Baked Oatmeal ... \$2.25
- Cubed Hash Brown Potatoes ... \$1.50
- Scone ... \$1.00

Wednesday, May 23, 2018

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.30
- Sausage ... \$0.30
- Fresh Fruit ... \$0.50
- Breakfast Pizza ... \$2.50
- Everything Scramble ... \$2.25
- Hash Brown Patty ... 1/\$1.00 or 2/ \$1.50
- Granola Bar ... \$1.00

Thursday, May 24, 2018

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.30
- Sausage ... \$0.30
- Fresh Fruit ... \$0.50
- Scrambled Egg Muffins ... \$1.50
- Grilled Bacon and Cheese ... \$2.50
- Cubed Hash Brown Potatoes ... \$1.50
- Apple Turnover ... \$1.50

Friday, May 25, 2018

- Scrambled Eggs ... \$1.50
- Oatmeal ... \$1.25
- Bacon ... \$0.30
- Sausage ... \$0.30
- Fresh Fruit ... \$0.50
- Breakfast Burrito ... \$2.50
- Baked Oatmeal ... \$2.25
- Cheesy Ham and Hash Brown Casserole ... \$2.00
- Assorted Pastries ... VAR

Grab-N-Go Options for the Week

- Ham and Pepper Jack Sub ... \$3.50
- Tuna Macaroni Salad ... \$2.00
- Homemade Granola ... \$2.00

Café Hours

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Cycle 1 Week 2