

# UP Health System/Portage Café

## Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

### Monday, June 11, 2018

Chicken & Wild Rice Soup ... 8oz/\$1.25 or ...  
Garden Vegetable Soup ... 12oz/\$1.75  
Pizza Casserole ... \$3.50  
Salmon w/Sundried Tomato Pesto ... \$4.50  
Garlic Toast ... \$1.00  
Wild Rice Blend ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Cheeseburger ... \$3.50  
Onion Rings ... \$1.25

### Tuesday, June 12, 2018

Tomato Basil Soup ... 8oz/\$1.25 or ...  
Loaded Baked Potato Soup ... 12oz/\$1.75  
Pork Fried Rice ... \$3.50  
Roast Turkey/WB ... \$3.50  
w/Gravy  
Stuffing ... \$1.00  
Roasted Root Veggies with Kale/WB ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Grilled Cheese ... \$2.50  
Tater Tots ... \$1.25

### Wednesday, June 13, 2018

Broccoli Cheese Soup ... 8oz/\$1.25 or ...  
Stuffed Pepper Soup ... 12oz/\$1.75  
Pesto Feta Turkey Burger ... \$3.50  
Italian Herb Chicken Breast ... \$3.50  
Cole Slaw ... \$1.00  
Roasted Potatoes ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Fish Nuggets ... \$2.50  
Baked Sweet Potato Wedges ... \$1.25

### Thursday, June 14, 2018

Split Pea with Ham Soup ... 8oz/\$1.25 or ...  
Butternut Squash Soup ... 12oz/\$1.75  
Shredded BBQ Chicken Quesadilla ... \$3.50  
Lemon Pepper Cod/WB ... \$4.00  
Potato Salad ... \$1.00  
Orzo Pasta with Lemon & Kale/WB ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Chicken Tenders ... \$3.50  
Waffle Fries ... \$1.25

### Friday, June 15, 2018

Chicken Noodle Soup ... 8oz/\$1.25 or ...  
Red Pepper & Smoked Gouda Soup ... 12oz/\$1.75  
Tuna Noodle Casserole ... \$3.50  
Seasoned Beef Brisket ... \$3.75  
Breadstick ... \$1.00  
Garlic Mashed Potatoes ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Cheese Quesadilla ... \$2.50

### Grab-N-Go Options for the Week

Tuna or Egg Salad Stuffed Tomato ... \$3.50  
Broccoli Bacon Salad ... \$2.00  
Chicken Jalapeno Pinwheel ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm

# UP Health System/Portage Café

## Breakfast Menu

**Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries**

### **Monday, June 11, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Egg White Flat Bread Sandwich ... \$2.75  
Breakfast Casserole ... \$2.50  
Cubed Hash Brown Potatoes ... \$1.50  
Cherry Turnover ... \$1.50

### **Tuesday, June 12, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
English Muffin or Bagel Sandwich ... \$2.25  
Croissant Sandwich ... \$2.75  
Baked Oatmeal ... \$2.25  
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50  
House Made Bread ... \$1.00

### **Wednesday, June 13, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Ham & Cheese Omelet ... \$2.50  
Vegetable Omelet ... \$2.50  
Cubed Hash Brown Potatoes ... \$1.50  
Scone ... \$1.50

### **Thursday, June 14, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
French Toast Sticks (3) ... \$1.00  
Scrambled Egg Muffins ... \$1.50  
  
Cheesy Potatoes ... \$1.50  
Donut ... \$1.00

### **Friday, June 15, 2018**

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Breakfast Pizza ... \$2.50  
Corned Beef Hash ... \$2.25  
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50  
Assorted Pastries ... VAR

### **Grab-N-Go Options for the Week**

Tuna or Egg Salad Stuffed Tomato ... \$3.50  
Broccoli Bacon Salad ... \$2.00  
Chicken Jalapeno Pinwheel ... \$2.00

### **Café Hours**

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm

Cycle 2 Week 1