

# UP Health System/Portage Café

## Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

### Monday, July 09, 2018

Caribbean Jerk Chicken Soup ... 8oz/\$1.25 or ...  
Homemade Mushroom Barley Soup ... 12oz/\$1.75  
Caribbean Mango Grilled Chicken ... \$3.50  
Kalua Pork ... \$3.50  
Roasted Potatoes ... \$1.00  
Rice Pilaf ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Kalua Pork Sandwich ... \$3.50  
Sweet Potato Fries ... \$1.25

### Tuesday, July 10, 2018

Potato and Bacon Soup ... 8oz/\$1.25 or ...  
Italian Wedding ... 12oz/\$1.75  
Dijon Salmon/WB ... \$4.50  
Spaghetti with Meatballs ... \$3.75  
Wild Rice Blend/WB ... \$1.00  
Garlic Toast ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Cheese Filled Breadsticks w/ Marinara ... \$2.50

### Wednesday, July 11, 2018

Broccoli Cheese ... 8oz/\$1.25 or ...  
Chicken and Dumpling ... 12oz/\$1.75  
Grilled Reuben ... \$3.50  
Beef Stroganoff ... \$3.75  
Scalloped Potatoes ... \$1.00  
Egg Noodles ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Chicken Tenders ... \$3.50

### Thursday, July 12, 2018

Clam Chowder Soup ... 8oz/\$1.25 or ...  
Tomato Basil Soup ... 12oz/\$1.75  
Shredded Pork & Bean Quesadilla ... \$3.50  
Lemon Chicken Breast/WB ... \$3.50  
Mexican Rice ... \$1.00  
Garden Rotini Noodles/WB ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Grilled Cheese ... \$2.50

### Friday, July 13, 2018

*(Closed after 2:00pm)*

Chicken with Wild Rice ... 8oz/\$1.25 or ...  
Vegetarian Cream of Potato ... 12oz/\$1.75  
Cheeseburger w/ Onion and Mush ... \$3.75  
Seasoned Baked Cod ... \$4.00  
Garlic Mashed Potatoes ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Seasoned Potato Wedges ... \$1.25

### Grab-N-Go Options for the Week

Chicken Bacon Ranch Wrap ... \$3.50  
Loaded Baked Potato Salad ... \$2.50  
Pita Chips w/Bruschetta Salsa ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm

Cycle 1 Week 1

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# UP Health System/Portage Café

## Breakfast Menu

**Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries**

### Monday, July 09, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Biscuit with Sausage Gravy ... \$1.50  
Sausage and Cheese Biscuit ... \$1.50  
Cubed Hash Brown Potatoes ... \$1.50  
Apple Turnover ... \$1.50

### Tuesday, July 10, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Bagel or English Muffin Sandwich ... \$2.25  
Croissant Sandwich ... \$2.75  
Corned Beef Hash ... \$2.00  
Hash Brown Patty ... 1/\$1.00 or 2/ \$1.50  
House Made Bread ... \$1.00

### Wednesday, July 11, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Breakfast Burritos (Veg or Everything) ... \$2.50  
Apple Baked Oatmeal ... \$2.25  
Cubed Hash Brown Potatoes ... \$1.50  
Scone ... \$1.50

### Thursday, July 12, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Breakfast Pizza ... \$2.50  
Egg White Bake ... \$3.00  
Cheesy Potatoes ... \$1.50  
Donut ... \$1.00

### Friday, July 13, 2018

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Bagel or English Muffin Sandwich ... \$2.25  
Baked Oatmeal ... \$2.25  
Hash Brown Triangle ... 1/\$1.00 or 2/ \$1.50  
Assorted Pastries ... VAR

### Grab-N-Go Options for the Week

Chicken Bacon Ranch Wrap ... \$3.50  
Loaded Baked Potato Salad ... \$2.50  
Pita Chips w/Bruschetta Salsa ... \$2.00

### Café Hours

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Cycle 1 Week 1